

# HEAD INJURY MEDICAL EVALUATION FORM

## To Be Completed by Physician

This athlete is being referred for evaluation following a possible concussion incident. There are concerns about his/her returning to sport competition at this time. Please evaluate the athlete's readiness to return to sport competition based on the description of their particular sport listed below. As part of your evaluation, please complete a SCAT or similar examination as well as a neurological examination and any other medical tests that you feel are appropriate. The athlete will be required to return this completed form and attached results to the Competition Official/Technical Delegate to be allowed to participate in competition.

**Athlete Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_



**Neurological Examination**                      **Normal** \_\_\_\_                      **Abnormal** \_\_\_\_

**SCAT or Similar Examination**                      **Normal** \_\_\_\_                      **Abnormal** \_\_\_\_

**Additional Comments:**

**If additional procedures/tests done, please describe results below or on back of form:**

**In your medical opinion, is this athlete ready to return to sport competition based on the event participation description checked and listed below? Yes** \_\_\_\_\_ **No** \_\_\_\_\_

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Phone**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Name Printed**

\_\_\_\_\_  
**Email**

**Address:** \_\_\_\_\_

**License / Permit Number (If applicable)** \_\_\_\_\_

**PLEASE CHECK EVENT BEING EVALUATED FOR COMPETITION PARTICIPATION**

- Alpine Speed Skiing (DH/SG): Athlete skiing at speeds of which can reach over 60+ mph / 100+ km/h on courses which can extend for approximately 1.3 to 2+ minutes.
- Alpine Technical Skiing (SL/GS): Athlete skiing at speeds of up to 20-40 mph / 3-65 km/h on course for 40-75 seconds.
- Freestyle Aerial: Jumping 40-50 feet / 12-17 meters in the air with multiple flips and twists.
- Freestyle Moguls: Skiing through mogul field with two turns per second and inverted and/or upright multiple jumps 12-15 feet / 4-5 meters in air.
- Snowboard Half-pipe: Riding in a U-shaped ditch with walls 8-22 feet / 2.5-7 meters high performing a series of 4-8 tricks 5-15 feet / 1.75 – 4.5 meters above the lip of the pipe, landing on a steep incline.
- Snowboard Alpine: Multiple turns in a 40-80 second course at speeds of 20-40 mph
- Snowboard Boarder Cross: Multiple jumps, turns and terrain changes with multiple competitors on course at same time traveling at speeds of 25 mph / 40 km/h
- Nordic Ski Jumping: Jumping for 300 to 425 feet / 90-130 meters off Nordic ski jumps.
- Nordic Cross Country: Skiing with multiple competitors on course with possibility of collision between athletes or with other objects.